



# Zen Art: Using the Right Side of Your Brain

Instructor: Kim Tran Franchi (Will go by Miss Kim)

Week of July 1 (Ages 7-9) and Week of July 22 (Ages 10-14)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:45	Walk to Classroom	Walk to Classroom	Walk to Classroom	Walk to Classroom	Walk to Classroom
9:00	Introductions, rollcall, class expectations, housekeeping rules and make labels for artwork folders.	Morning Greeting, rollcall, class intro to Lesson Plan "Sun Catchers." Set up classroom and set out materials.	Morning Greeting, rollcall, class introduction to Lesson Plan "Simply Charmed." Prep I: Watch YouTube videos on beginning charms.	Morning Greeting, rollcall, class introduction to Lesson Plan "Let it Flow" Free-flow pour painting with acrylic paints. Set up classroom and set out all materials.	Morning Greeting, rollcall, class introduction to Lesson Plan "Prayer Flags," a goodwill blessing out to the world. Set up classroom and set out all materials.
10:00	Discussion on Zen Art. Explain Lesson Mandala Art. Watch tutorials on YouTube.	Instructor displays sun catchers. Discuss design ideas with students. Provide students with methods for use of materials.	Prep II: Students organized into four workstations and gather supplies. Supervision is required for sharp tools.	Instructor discusses lesson plan, presents basic color theory and analogous color palette. Students gather supplies, don smocks and select materials.	Instructor provides history of "Prayer Flags." Instructor discusses how to take an old idea and make it new.
11:00	Setup classroom, gather materials and don painting smocks (optional). Practice dotting on scrap black paper. Students paint wooden 3-inch circle black to be used later in day for project 2.	Students continue beading and making sun catchers. Time permitting. Students will make stained glass sun catchers.	Process Steps 1-4 completed for art project.	The following steps must be completed prior to pouring: <ul style="list-style-type: none"> <li>• Students select 3-4 colors.</li> <li>• Students with the help of instructor and counselors mix "floetrol" and silicone with acrylics into paint containers.</li> <li>• Prepare work area for the pour.</li> </ul>	Students gather supplies, don smocks and select materials. Then do the following: <ul style="list-style-type: none"> <li>• Draw a rough draft of the prayer flags.</li> <li>• Make a set-up plan for the prayer flags</li> <li>• Devise a color plan.</li> <li>• Paint background color of flags or washes on prayer flags and allow to dry</li> </ul>
11:45	Walk to Lunchroom	Walk to Lunchroom	Walk to Lunchroom	Walk to Lunchroom	Walk to Lunchroom
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Walk to Class	Walk to Class	Walk to Class	Walk to Class	Walk to Class

1:15	Don on smocks and explain next steps. Students start first mandala on black cardstock.	Students finish sun catchers and optional art project – Paint Studio – Paint by number with Vincent Van Gogh.	Process Step 5 – Baking polymer clay to harden it. Allow polymer clay to cool prior to Preparation Step III.	Instructor discusses additional options of the “dirty pour” using small chains, funnels and strainers. Students don smocks and select 3-4 colors of acrylic for pour cup.	Set up for completing embellishing prayer flags with a message or image.
2:30	Start project 2: Student’s work on dotting mandala on painted wooden circle.	Start project 2: (Time permitting). Paint by number artist sets – Vincent Van Gogh.	Attach magnet, or hardware for jewelry.	Students begin to pour paint onto canvas and experiment using different instruments. Optional activities include: <ul style="list-style-type: none"> <li>• Add glitter to pour paint while canvas is still wet</li> <li>• Spray silicone spray in areas of pour paint canvas to create cells.</li> <li>• Time permitting, a second pour can be conducted.</li> </ul>	Students may choose to stamp or stencil on prayer flag. With the instructor’s assistance, prayer flags will be sewn together on sewing machine. In a ventilated area, weatherproof the prayer flag painting (optional). Time permitting, each student paints a single prayer flag to be combined to one long prayer flag for entire class as a departure gift for instructor.
3:00	Clean up classroom and discuss tomorrow’s lesson plan	Clean up time and put away art in designated area and discuss next day’s lesson.	Clean up classroom and discuss tomorrow’s lesson plan	Cleanup and set pour paint canvases to dry overnight.	Cleanup of classroom, gather all student’s artwork to be sent home. Farewells and well wishes to end class week.
3:45	Leave Class	Leave Class	Leave Class	Leave Class	Leave Class

- Drop off campers between 8-8:30 a.m. in front of E.L. Wiegand Fitness Center.
- Pick up campers between 4-4:30 p.m. in front of E L. Wiegand Fitness Center.
- All campers should bring a morning and afternoon snacks, lunch and a water bottle every day.